



Athlone Sub Aqua Club Emergency Plan

Location:	
Athlone River Shannon/Lough Ree	Lat. 53° 25' 55'' N; Long. 07° 56' 51'' W

In the event of an Emergency:	
For a Diving/Marine Emergency	Contact Coast Guard <ul style="list-style-type: none"> • If in-shore telephone 112 or 999 • If off-shore use VHF Channel 16 or 62
For Any Other Emergency,	Phone 112/999 <ul style="list-style-type: none"> • Ask for Ambulance, Gardai, Fire Service

Emergency Services/Resources:	
Phones	
Shore Marshall Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Cox'n Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Nearest Landline	Apple Green Service Station
Coast Guard	
Lough Ree Coast Guard Radio	VHF Channels 16, 62
Helicopter	
Nearest Landing Site	Buccaneers Rugby Pitch <ul style="list-style-type: none"> • <i>Or as directed by the emergency/rescue services. If necessary use lights and flares to guide helicopter.</i>
Recompression Chamber	
Haulbowline	021 4378777 (Ask for Chamber Duty Officer)
Craigavon	0044 80176233 4444/6711 (Ask for Consultant on Call)
Doctors	
Local Doctors	Dr. A. Lowry 090 6472075 Dr. P. O'Meara 090 6472172 Dr. J. Rice 090 6472595
MiDoc <i>(Out of hours GP service)</i>	1850 302702
Hospitals	
Local Hospital	Athlone District Hospital 090 6475301 Portiuncla Hospital, Ballinasloe 090 9648200
Nearest Hospital with Helipad <i>(see overleaf for route to hospital)</i>	Midland Regional Hospital, Tullamore 057 9321501
Gardai	
Local Garda Station	Athlone 090 6498550
Emergency Vehicle/Oxygen/First Aid	
Location of Oxygen/First Aid	Club boat and emergency vehicle
Emergency Vehicle <i>(Enter details of Reg. No. & Keys across)</i>	

This document was last updated on 1st September 2010. It is the responsibility of users of this document to verify the accuracy of its information, as details, and in particular phone numbers, do change.

Route Planner

From: Athlone Sub Aqua Club Clubhouse, Brick Island, Coosan Road, Athlone
To: Midland Regional Hospital, Tullamore, County Offaly
Distance: 38.62 km
Time: 0 hr 33 min

Km	Description
0.00	Start out on Athlone Bypass – N6 (signposted Dublin)
5.34	Continue forward onto the M6
19.02	Leave the M6 at junction 6, then at roundabout take the 4th exit, then at roundabout take the 1st exit onto the N80 (signposted Clara)
26.94	Continue forward onto Church Street - N80 Entering Clara
27.29	Bear left onto River Street - N80
27.68	Turn right onto the N80 (signposted Tullamore)
27.78	Charlestown Bridge
36.40	At roundabout take the 2nd exit onto the N80
36.66	Continue forward onto the N80 Entering Tullamore
36.69	At roundabout take the 1st exit onto Western Relief Road (signposted Mullingar N52)
36.69	At roundabout take the 1st exit onto Western Relief Road (signposted Mullingar N52) onto Tullamore Western Relief Road
37.76	At mini-roundabout turn right onto Arden Road - R420 (signposted Town Centre)
38.51	Turn left onto Arden Road
38.54	Arrive at Midland Regional Hospital, Tullamore

