



Athlone Sub Aqua Club Emergency Plan

Location:	
Ballycastle (Mayo)	Lat. 54° 17' 56'' N; Long. 09° 23' 24'' W

In the event of an Emergency:	
For a Diving/Marine Emergency	Contact Coast Guard <ul style="list-style-type: none"> • If in-shore telephone 112 or 999 • If off-shore use VHF Channel 16 or 83
For Any Other Emergency,	Phone 112/999 <ul style="list-style-type: none"> • Ask for Ambulance, Gardai, Fire Service

Emergency Services/Resources:	
Phones	
Shore Marshall Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Cox'n Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Nearest Landline	Stella Maris Country House Hotel
Coast Guard	
Belmullet Coast Guard Radio	VHF Channels 16, 83
Helicopter	
Nearest Landing Site	Field beside slipway <ul style="list-style-type: none"> • <i>Or as directed by the emergency/rescue services. If necessary use lights and flares to guide helicopter.</i>
Recompression Chamber	
Haulbowline	021 4378777 (Ask for Chamber Duty Officer)
Craigavon	0044 80176233 4444/6711 (Ask for Consultant on Call)
Doctors	
Local Doctors	Dr. Declan Clinton (Ballycastle) 096 43339 Dr. Joseph Gilvarry (Killala) 096 32088
WestDoc (<i>Out of hours GP service</i>)	1850 365000
Hospitals	
Local Hospitals	Belmullett District Hospital 097 81301 Ballina District Hospital 096 21166
Nearest Hospital with Helipad <i>(see overleaf for route to hospital)</i>	Mayo General Hospital, Castlebar 094 9021733
Gardai	
Local Garda Station	Ballycastle 096 43002 Ballina 096 20560
Emergency Vehicle/Oxygen/First Aid	
Location of Oxygen/First Aid	Club boat and emergency vehicle
Emergency Vehicle <i>(Enter details of Reg. No. & Keys across)</i>	

This document was last updated on 1st September 2010. It is the responsibility of users of this document to verify the accuracy of its information, as details, and in particular phone numbers, do change.

Route Planner

From: Ballycastle, County Mayo
To: Mayo General Hospital, Castlebar, County Mayo
Distance: 66.63 km
Time: 1 hr 23 min

Km	Description
0.00	Starting out from Main Street, Ballycastle, Mayo
13.65	Continue forward onto the R314 entering Killala
23.08	Continue forward onto Killala Road - R314 entering Ballina
26.20	At roundabout take the 2nd exit onto Pound Street - N59 (signposted Belmullet)
26.67	At traffic signals continue forward onto Kevin Barry Street - N26
41.67	Continue forward onto the N26 entering Foxford
42.25	Continue forward onto the N26 (signposted Swinford)
42.34	Turn right onto Providence Road - N58 (signposted Castlebar)
42.65	Turn left onto the N58
49.44	Continue forward onto Knockagauraun - N58 entering Strade
53.53	Continue forward onto Straide Road - N58 entering Bellavary
53.78	Turn right onto the N5 (signposted Westport)
63.26	Continue forward onto Dublin Road - N5 entering Castlebar
64.04	At roundabout take the 2nd exit onto the N5 (signposted Westport)
64.95	At roundabout take the 2nd exit onto the N5 (signposted Westport)
66.21	At roundabout take 2nd exit onto Lannagh Road - R310 (signposted Achill, Town Centre)
66.40	Turn right onto Old Westport Road - R310
66.63	Arrive at Mayo General Hospital, Castlebar

