



# Athlone Sub Aqua Club Emergency Plan

<b>Location:</b>	
<b>Mullaghmore</b>	<b>Lat. 54° 27' 59" N; Long. 08° 26' 55" W</b>

<b>In the event of an Emergency:</b>	
<b>For a Diving/Marine Emergency</b>	<b>Contact Coast Guard</b> <ul style="list-style-type: none"> <li>• <b>If in-shore telephone 112 or 999</b></li> <li>• <b>If off-shore use VHF Channel 16 or 02</b></li> </ul>
<b>For Any Other Emergency,</b>	<b>Phone 112/999</b> <ul style="list-style-type: none"> <li>• <b>Ask for Ambulance, Gardai, Fire Service</b></li> </ul>

<b>Emergency Services/Resources:</b>	
<b>Phones</b>	
Shore Marshall Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Cox'n Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Nearest Landline	Pier Head Hotel Beach House Hotel
<b>Coast Guard</b>	
Donegal Bay Coast Guard Radio	VHF Channels 16, 02
<b>Helicopter</b>	
Nearest Landing Site	Field in front of Beach House Hotel <ul style="list-style-type: none"> <li>• <i>Or as directed by the emergency/rescue services. If necessary use lights and flares to guide helicopter.</i></li> </ul>
<b>Recompression Chamber</b>	
Haulbowline	021 4378777 (Ask for Chamber Duty Officer)
Craigavon	0044 80176233 4444/6711 (Ask for Consultant on Call)
<b>Doctors</b>	
Local Doctors	Dr. N. Hever (Grange) 071 9173008 Dr. B. Gallagher (Rosses Point) 071 9177335
NowDoc ( <i>Out of hours GP service</i> )	1850 400911
<b>Hospitals</b>	
Local Hospital (has Helipad facility) <i>(see overleaf for route to hospital)</i>	Sligo General Hospital 071 9171111
<b>Gardai</b>	
Local Garda Station	Cliffony 071 9166122 Grange 071 9163144 Sligo 071 9142031
<b>Emergency Vehicle/Oxygen/First Aid</b>	
Location of Oxygen/First Aid	Club boat and emergency vehicle
Emergency Vehicle <i>(Enter details of Reg. No. &amp; Keys across)</i>	

*This document was last updated on 1<sup>st</sup> September 2010. It is the responsibility of users of this document to verify the accuracy of its information, as details, and in particular phone numbers, do change.*

# Route Planner

**From:** Mullaghmore, Sligo  
**To:** Sligo General Hospital, Sligo  
**Distance:** 25.75 km  
**Time:** 0 hr 27 min

Km	Description
0.00	<b>Starting out</b> from Mullaghmore on the R279
0.79	Bear right
2.19	At crossroads turn right onto the N15
3.33	Continue forward onto the N15 entering Cliffony
9.48	Continue forward onto Main Street - N15 entering Grange
19.54	Continue forward onto the N15 entering Drumcliffe
24.24	Continue forward onto Bundoran Road - N15 entering Sligo
24.93	Turn left onto the N16 (signposted Enniskillen)
25.17	At roundabout take the 2nd exit onto Ash Lane - N16
25.70	Turn right onto Molloway Place
25.75	<b>Arrive</b> at Sligo General Hospital

