



# Athlone Sub Aqua Club Emergency Plan

<b>Location:</b>	
<b>St. Johns Point, Donegal</b>	<b>Lat. 54° 34' 06'' N; Long. 08° 27' 36'' W</b>

<b>In the event of an Emergency:</b>	
<b>For a Diving/Marine Emergency</b>	<b>Contact Coast Guard</b> <ul style="list-style-type: none"> <li>• <b>If in-shore telephone 112 or 999</b></li> <li>• <b>If off-shore use VHF Channel 16 or 24</b></li> </ul>
<b>For Any Other Emergency,</b>	<b>Phone 112/999</b> <ul style="list-style-type: none"> <li>• <b>Ask for Ambulance, Gardai, Fire Service</b></li> </ul>

<b>Emergency Services/Resources:</b>	
<b>Phones</b>	
Shore Marshall Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Cox'n Mobile Phone <i>(Enter Name and Phone No. across)</i>	
Nearest Landline	Last B&B before beach
<b>Coast Guard</b>	
Glenhead Coast Guard Radio	VHF Channels 16, 24
<b>Helicopter</b>	
Nearest Landing Site	Field leading to pier <ul style="list-style-type: none"> <li>• <i>Or as directed by the emergency/rescue services. If necessary use lights and flares to guide helicopter.</i></li> </ul>
<b>Recompression Chamber</b>	
Haulbowline	021 4378777 (Ask for Chamber Duty Officer)
Craigavon	0044 80176233 4444/6711 (Ask for Consultant on Call)
<b>Doctors</b>	
Local Doctors	Dr. F. Curran (Dunkineely)    074 9737106 Dr. C. Burke (Killybegs)        074 9731827
NowDoc ( <i>Out of hours GP service</i> )	1850 400911
<b>Hospitals</b>	
Local Hospital (has Helipad facility) <i>(see overleaf for route to hospital)</i>	Letterkenny General Hospital    074 9125888
<b>Gardai</b>	
Local Garda Station	Killybegs    074 9731002
<b>Emergency Vehicle/Oxygen/First Aid</b>	
Location of Oxygen/First Aid	Club boat and emergency vehicle
Emergency Vehicle <i>(Enter details of Reg. No. &amp; Keys across)</i>	

*This document was last updated on 1<sup>st</sup> September 2010. It is the responsibility of users of this document to verify the accuracy of its information, as details, and in particular phone numbers, do change.*

# Route Planner

**From:** Dunkineely, County Donegal  
**To:** Letterkenny General Hospital, County Donegal  
**Distance:** 67.11 km  
**Time:** 1 hr 4 min

Km	Description
0.00	<b>Starting out</b> from Main Street, Dunkineely
10.62	Continue forward onto the N56 entering Mountcharles
16.93	At roundabout take the 2nd exit onto the N56 (signposted Sligo N15)
19.30	At roundabout take the 1st exit onto the N15 (signposted Lifford)
27.21	Barnesmore Gap
35.68	Lough Mourne
41.65	Continue forward onto Donegal Road - N15 entering Ballybofey
45.53	Continue forward onto Main Street - N15 entering Stranorlar
46.12	Turn left onto Meetinghouse Street - N13 (signposted Derry, Letterkenny)
49.95	Turn left onto the N13 (signposted Derry, Letterkenny)
63.28	At Dry Arch roundabout take the 1st exit onto the N14 (signposted Letterkenny)
63.28	At Dry Arch roundabout take the 1st exit onto the N14 (signposted Letterkenny) Entering Letterkenny
64.73	At Polestar roundabout take the 2nd exit onto Port Road - R229 (signposted Town Centre)
65.76	At Station Roundabout take the 3rd exit onto Ramelton Road - R229 (signposted Dunfanaghy, Kilmacrenan)
66.03	At Oatfield roundabout take the 1st exit onto De Valera Road - R229 (signposted Dunfanaghy, Kilmacrenan N56)
66.58	At Hospital roundabout take the 3rd exit onto Mountain Top - N56 (signposted Dunfanaghy, Kilmacrenan)
67.11	<b>Arrive</b> at Letterkenny General Hospital, County Donegal

